

Annapurna Mandala Trail XVIII by Raidlight

Manaslu – Tsum – Begnas



Le peloton de l'Annapurna Mandala Trail VII 2007 à Arughat Bazar (608 m) – Photo Bruno Ringeval.



Le peloton de l'Annapurna Mandala Trail X 2010 à Arughat Bazar (608 m) – Photo Bruno Ringeval

Stage 1. Arughat (608 m) – Dobhan (1070 m).



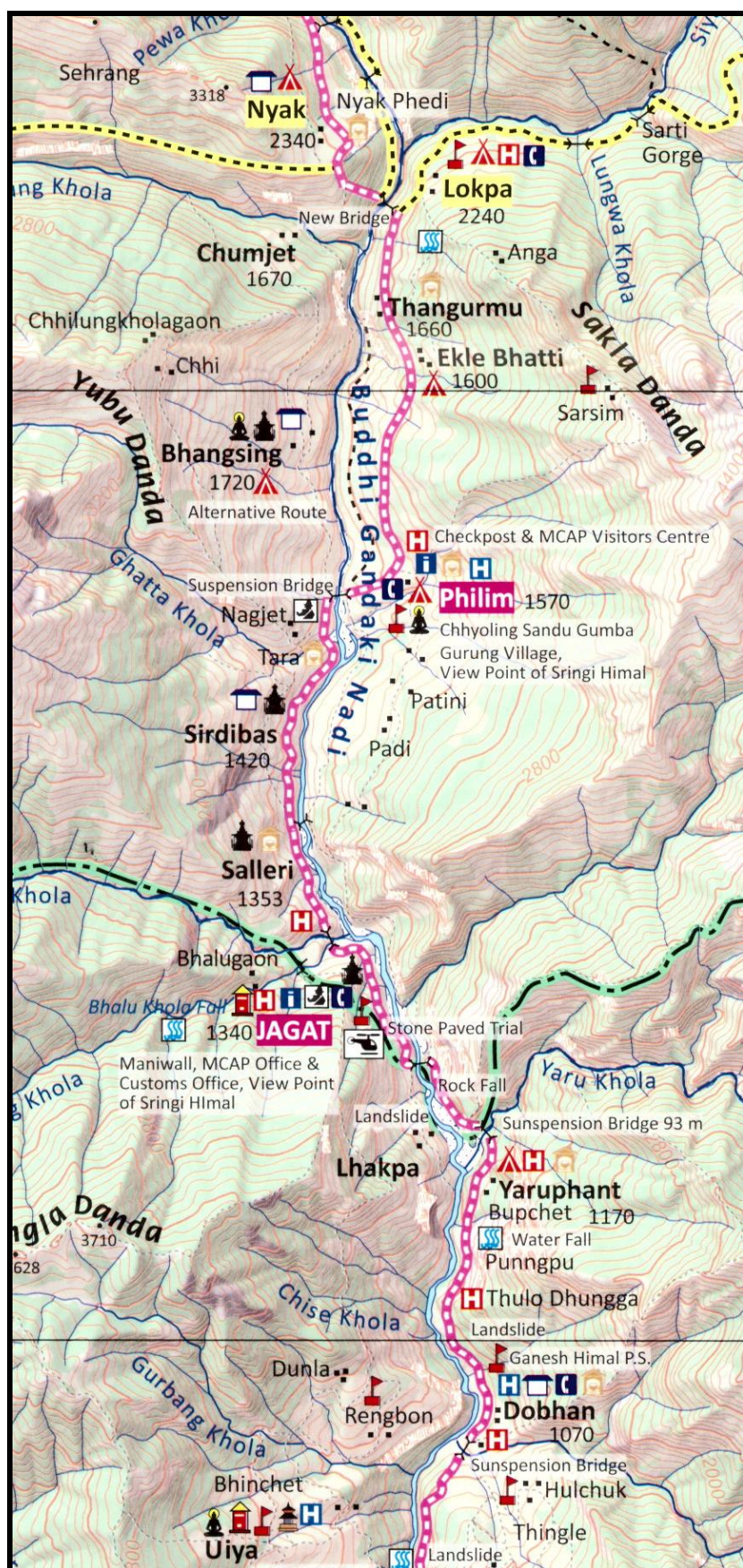


Le départ de l'Annapurna Mandala Trail X 2010 d'Arughat Bazar (608 m) – Photo Bruno Ringeval



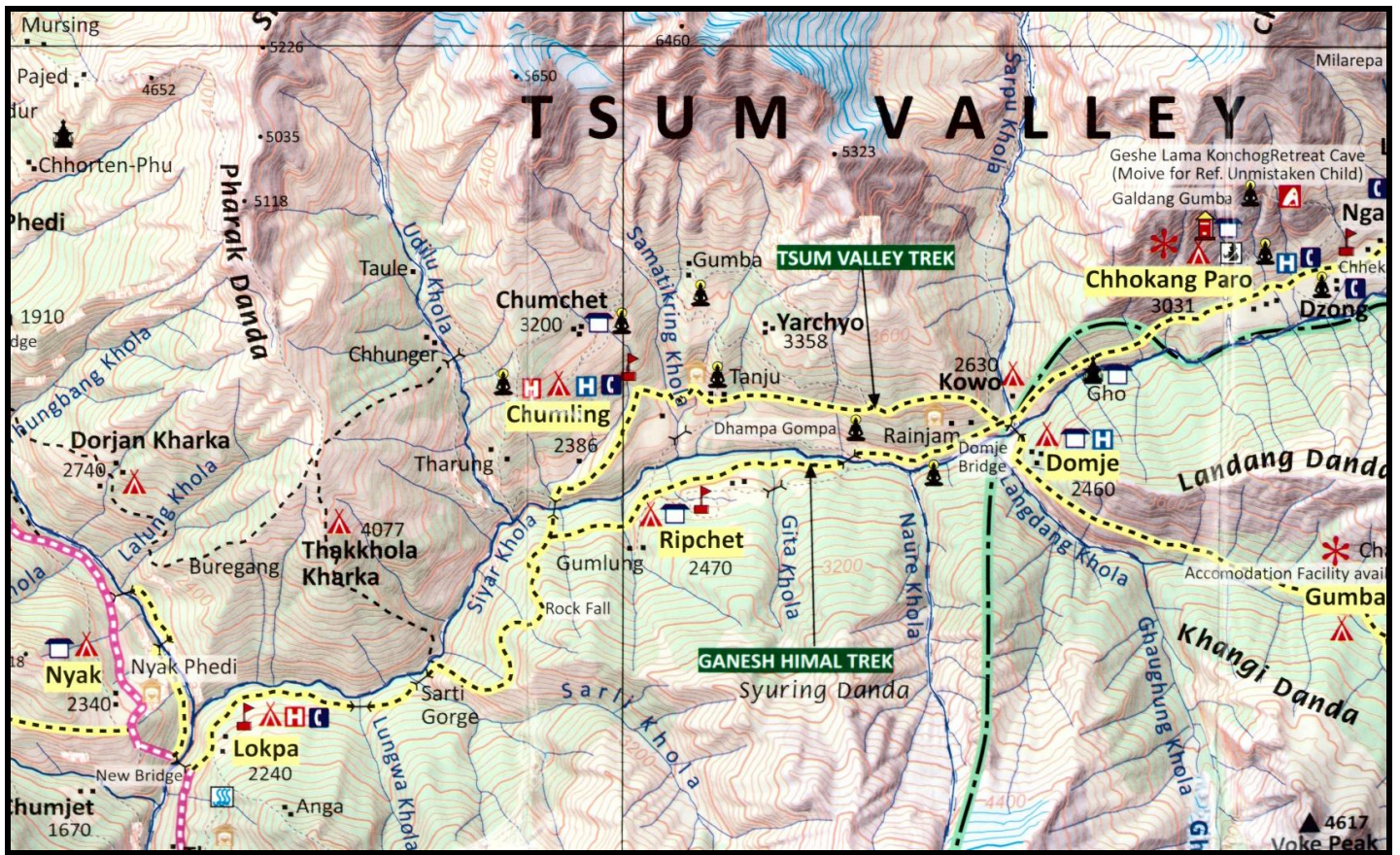
Pont de Machhakhola (869 m) – Photo Bruno Ringeval.

Stage 2. Dobhan (1070 m) – Lokpa (2240) – Domje (2460 m)



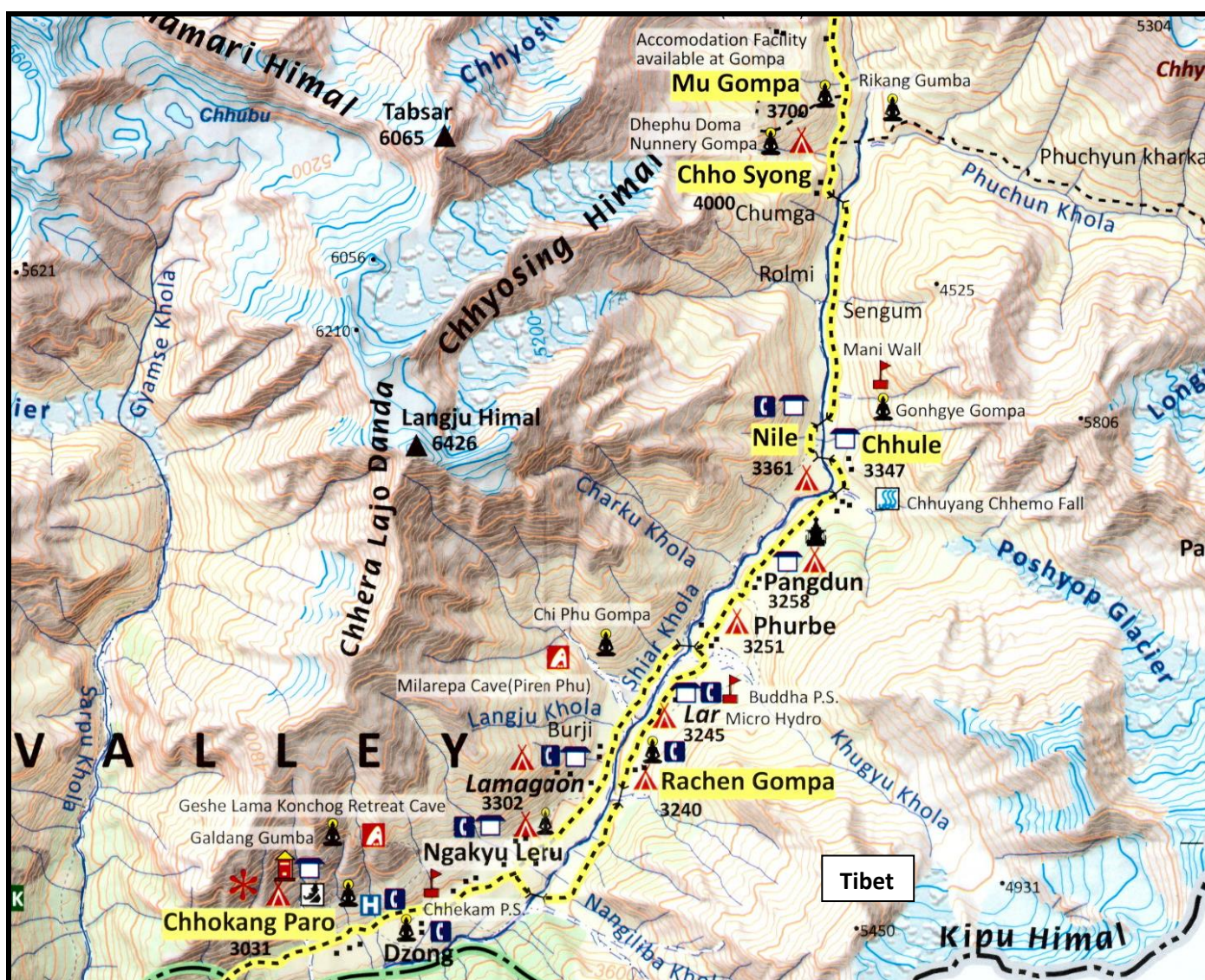
Sentier entre Jagat (1340 m) et Philim (1570) avec le Ganesh II (7118 m) et VI (6908 m). Photo : Bruno Ringeval

Stage 3. Lokpa (2240) – Domje (2460 m) – Chhokang Paro (3031 m)



Chumling – Tsum Valley – Mandala 2016

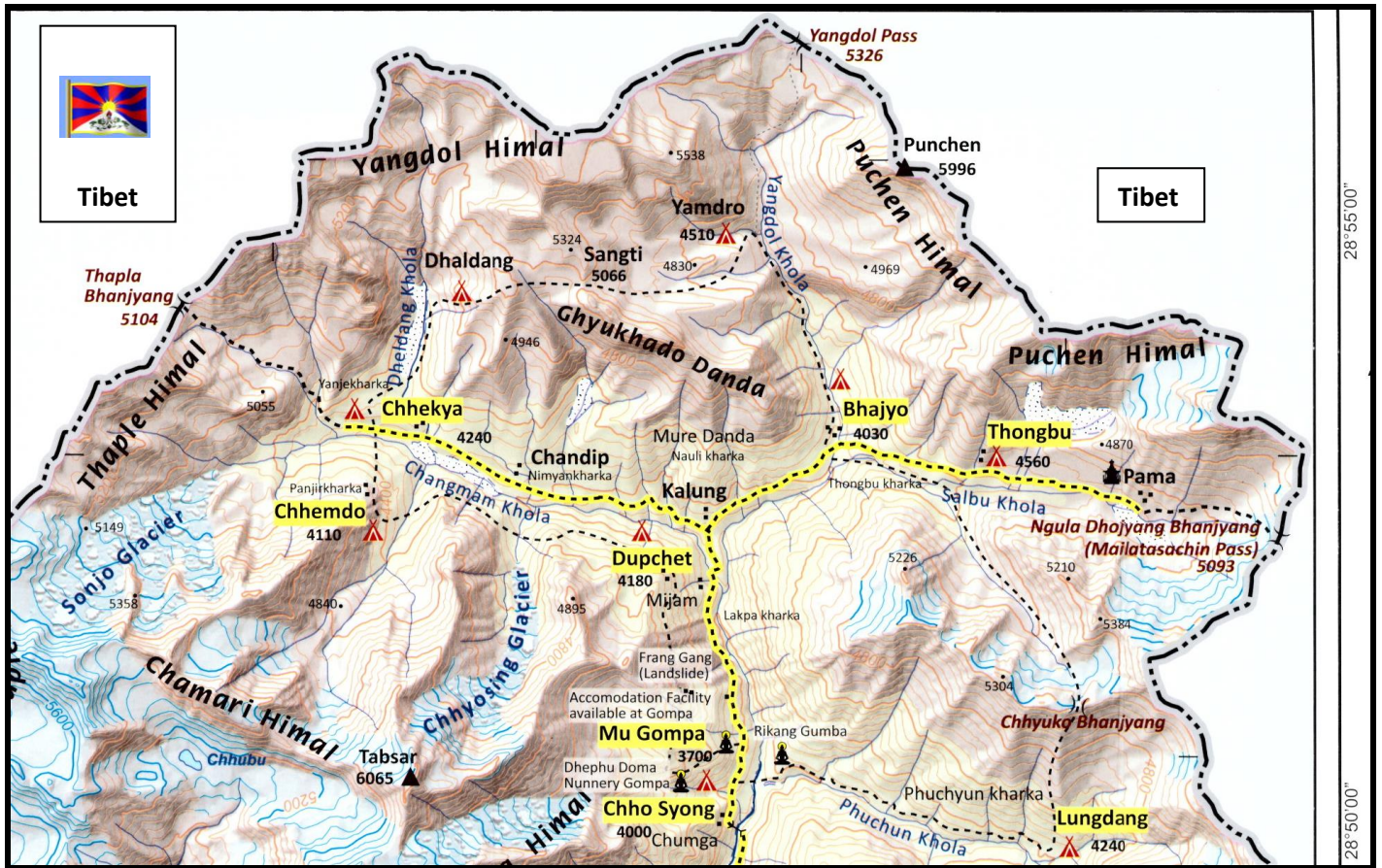
Stage 4. Chhokang Paro (3031 m) – Chhule (3347 m) – Mu Gompa (3700 m)



Langju Himal – Tsum Valley – Mandala 2016

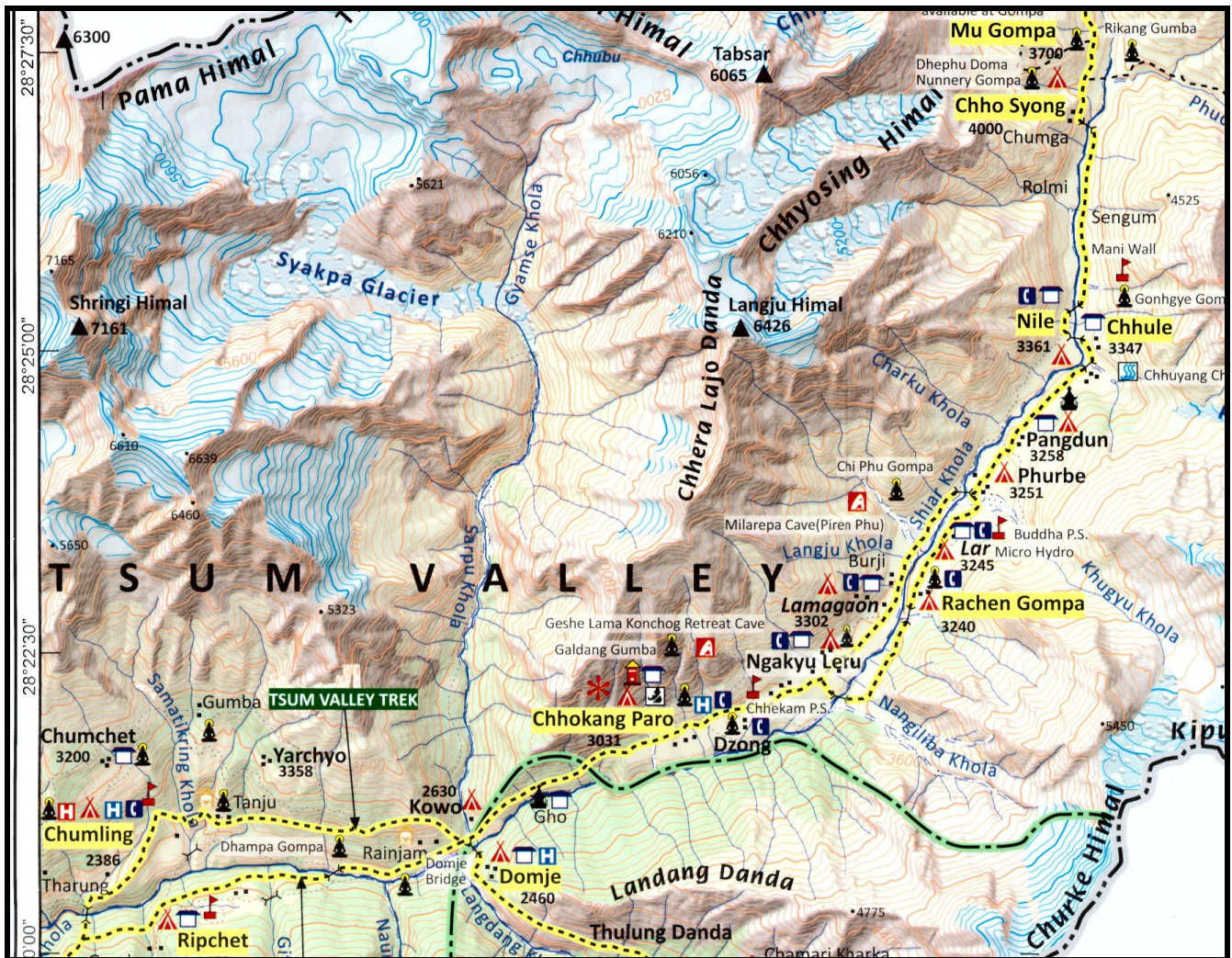
Stage 5. Mu Gompa (3700 m) – Chhekya (4240) – Chhemdo (4110) – Mu Gompa (3700 m)

Marche acclimatation. Tsum Valley.



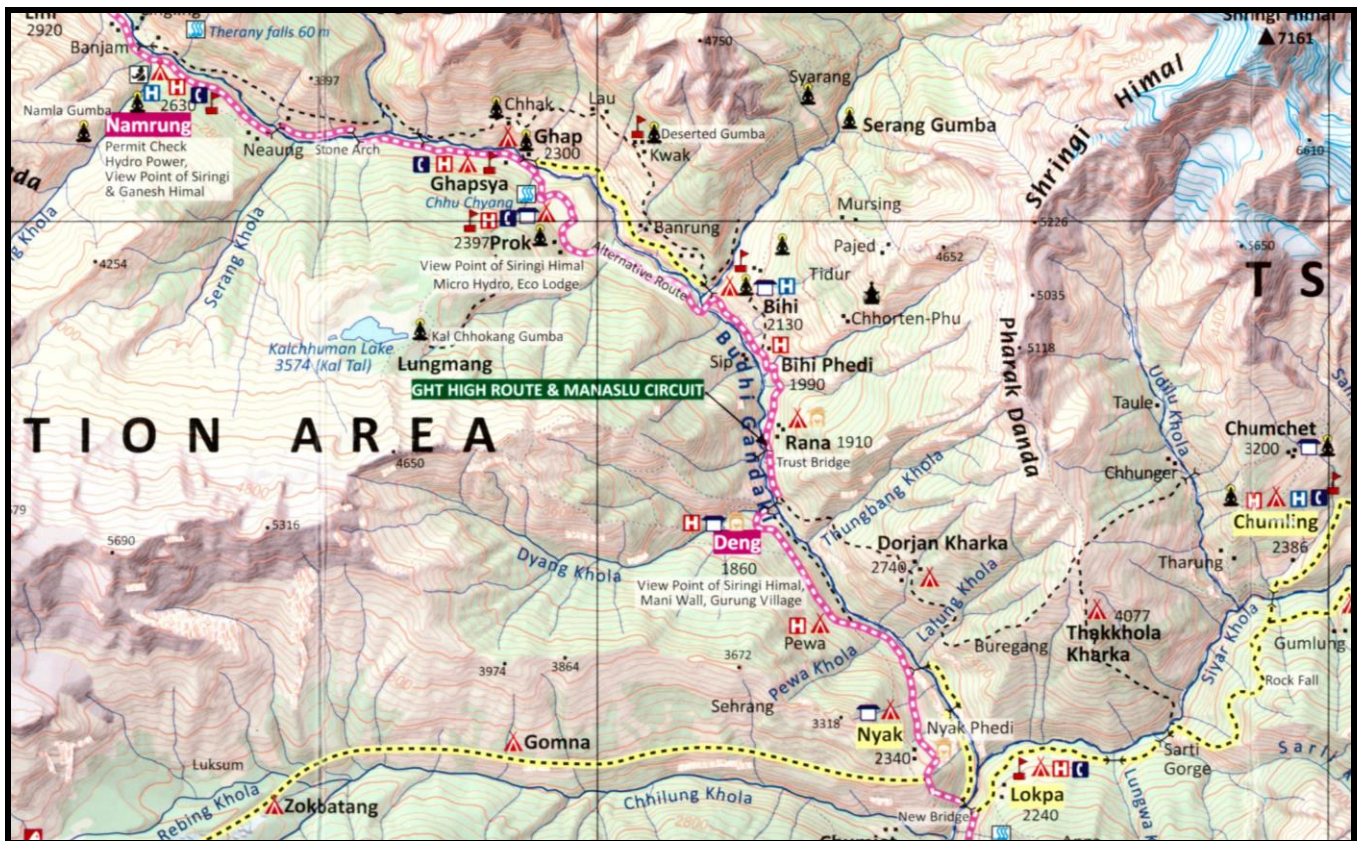
Taya Himal (Tibet) vu de Mu Gompa – Mandala 2016

Stage 6. Mu Gompa (3700 m) – Chhokang Paro (3031 m) – Chumling (2386 m)



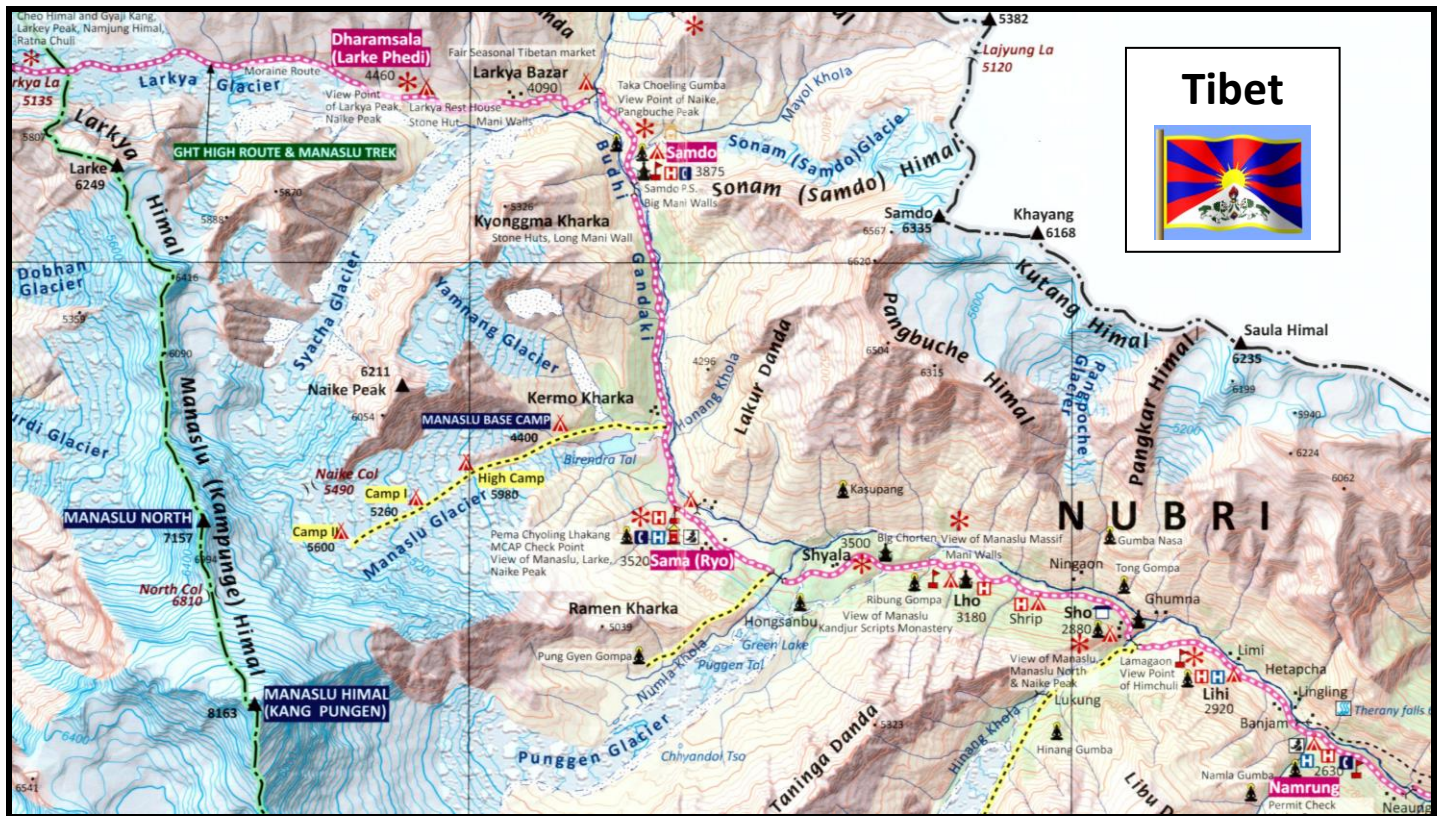
Tsum Valley – La Vallée de la Lumière

Stage 7. Chumling (2386 m) - Ghap (2300 m) – Namrung (2630)



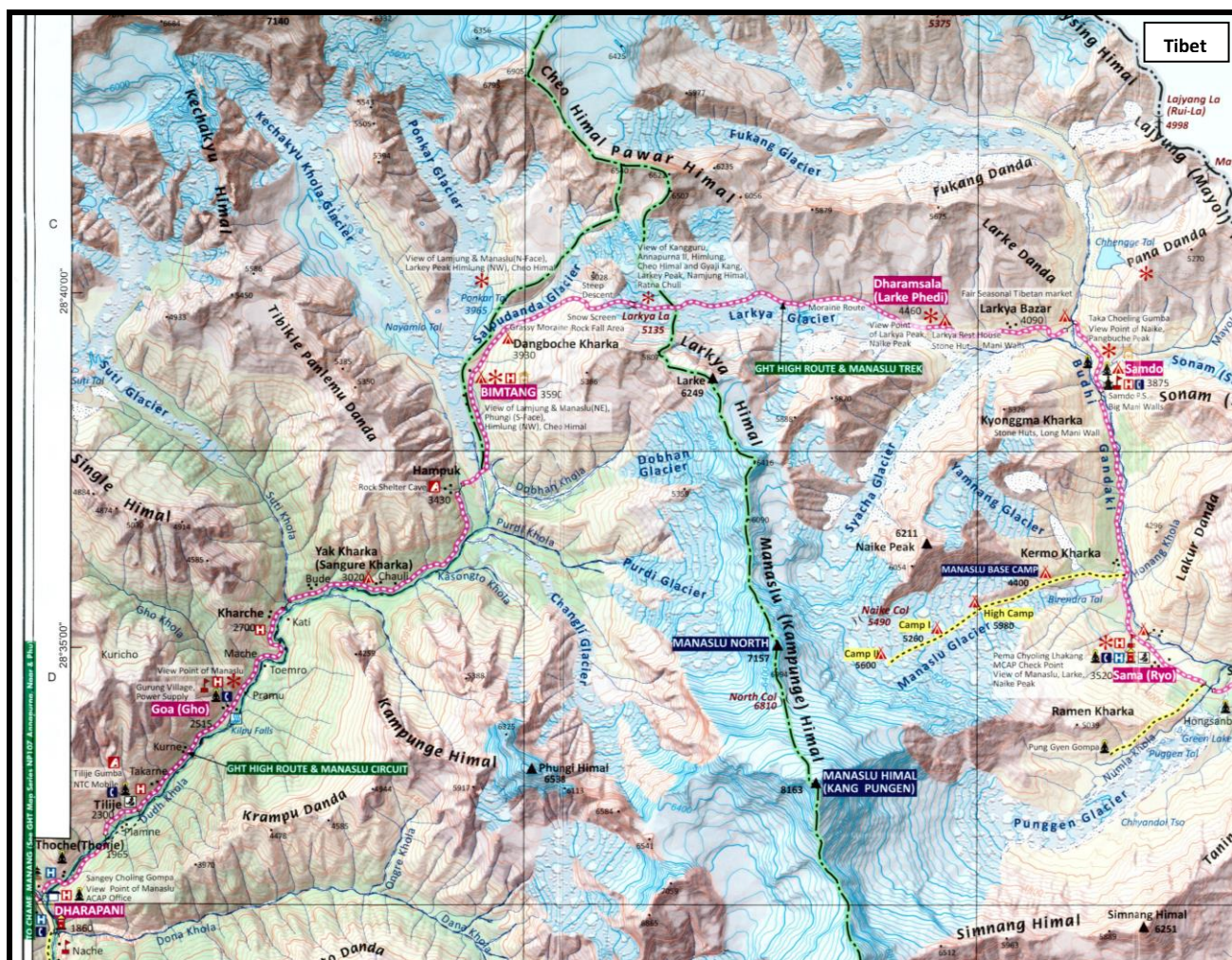
Budhi Gandaki Valley – Mandala 2016

Stage 8. Namrung (2630 m) – Samagaon (3520 m) – Samdo (3875 m)



Manaslu (8163 m) – Photo Bruno Ringeval

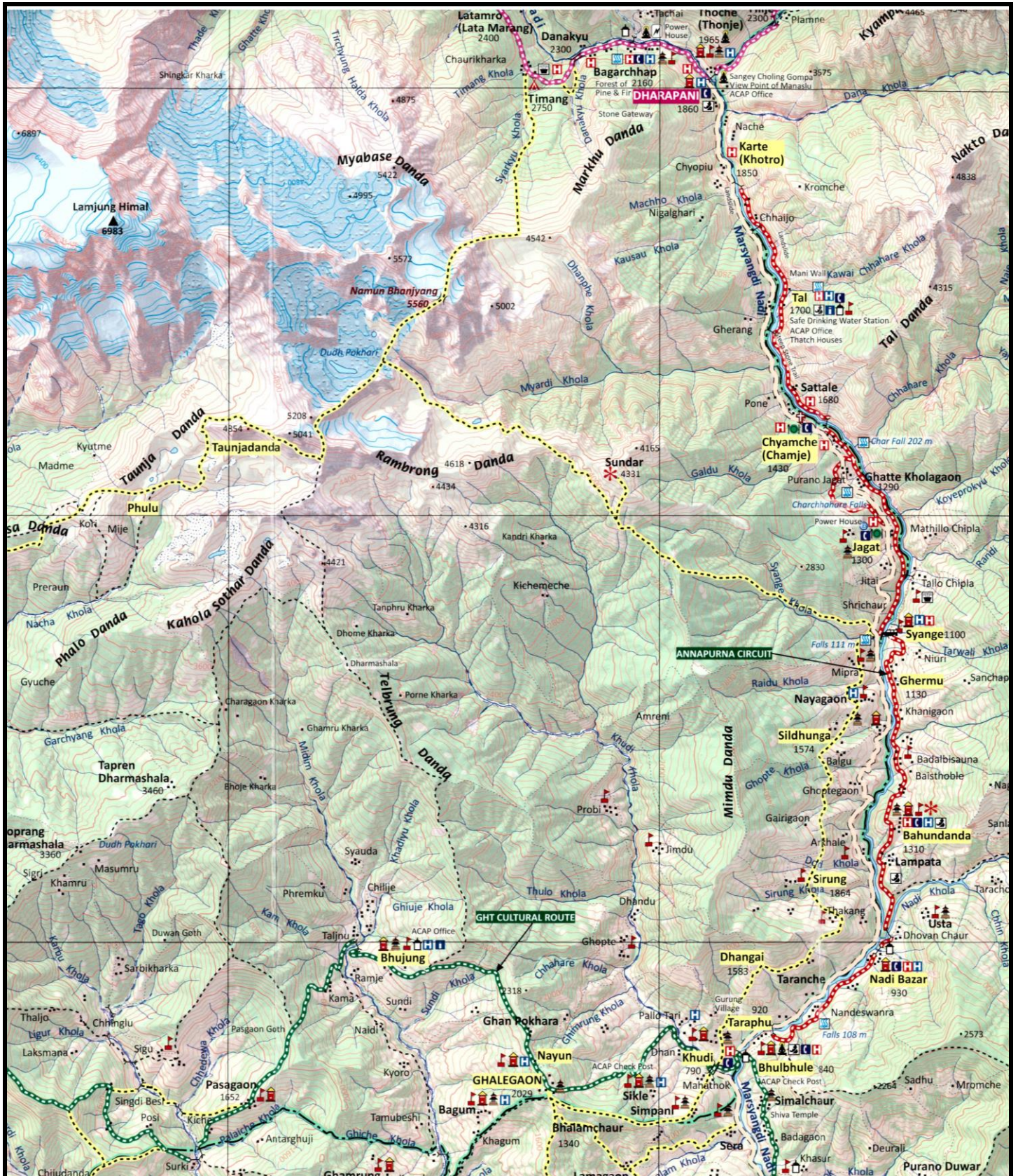
Stage 8. Samdo (3875 m) – Larkya La (5135 m) – Tilije (2300 m).



Larkya La (5135 m) – Mandala 2007 – Photo : Bruno Ringeval

Stage 10. Tilije (2300 m) – Bagarchhap (2160 m) – Khudi (790 m).

Nota : Pour Tilije, voir la carte précédente



Stage 11. Khudi (790 m) – Baglungpani (1595 m) – Begnas Tal (610 m)

Ou Begnas Tal (610 m) – Tour du Lac – Begnas Tal

