

# Himal Race 2020 – Sagarmatha – Annapurna

Etape 8 (Stage 8) : ▲ Bigu Gompa (2516 m) – Tinsang La (3320 m) – Ghorthali (1800 m) – ○ Barhabise (950 m)

Course chrono (Race time) : ——— Route alternative Himal Race 2013 : - - - - -

